IDEAL Problem-Solving Worksheet

- 1. I = identify problems and opportunities
- 2. D = define goals
- 3. E = explore possible strategies
- 4. A = anticipate actions and solve
- 5. L = look back and learn

Step	Statement
I – What is the problem that you have identified?	
D – What do you want to happen?	
E – What are some possible ways you could solve the problem?	
A – What might happen if chose the solutions you have listed? Which is the best solution?	
L – What will you do the next time this situation occurs?	